



Table of Contents

8th Grade

Table of Contents

Aug-Dec

August

Intro/Goal Setting

Lesson 1: Introduction

Lesson 2: Goal Setting wk 1

Lesson 3: Goal Setting wk 2

September

Goal Setting/Responsibility

Lesson 1: Goal Setting Game

Lesson 2: Responsibility wk 1

Lesson 3: Responsibility wk 2

Lesson 4: Responsibility Application

October

Friendship/Bullying

Lesson 1: Healthy Relationships wk 1

Lesson 2: Healthy Relationships wk 2

Lesson 3: Cyberbullying

Lesson 4: Friendship Application

November

Conflict Resolution

Lesson 1: Communicating in Conflict

Lesson 2: Debating Appropriately

Lesson 3: Forgiveness

Lesson 4: Conflict Resolution Application

December

Fairness/Equality

Lesson 1: Fairness

Lesson 2: Fairness and Reactions

Lesson 3: Fairness Application



Table of Contents

8th Grade

Table of Contents

Jan-May

January

Safety

- Lesson 1: Flirting vs Harassment wk 1
- Lesson 2: Flirting vs Harassment wk 2
- Lesson 3: Mental Health/Suicide Awareness
- Lesson 4: Safety Application

February

Careers

- Lesson 1: Know How 2 Go wk 1
- Lesson 2: Know How 2 Go wk 2
- Lesson 3: Interest Inventories
- Lesson 4: Career Application

March

Teamwork

- Lesson 1: Human Dignity wk 1
- Lesson 2: Human Dignity wk 2
- Lesson 3: Empathy and Perspective Taking
- Lesson 4: Teamwork Application

April

Managing Emotions

- Lesson 1: Self Awareness
- Lesson 2: Self Compassion
- Lesson 3: Managing Stress
- Lesson 4: Managing Emotions Application

May

Transitions

- Lesson 1: Perseverance
- Lesson 2: Transitioning
- Lesson 3: Year Review