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6th Grade

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August

Intro/Goal Setting

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Lesson 2: Goal Setting wk 1

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September

Goal Setting/Responsibility

Lesson 1: Goal Setting wk 3

Lesson 2: Personal Bank Accounts (PBA)

Lesson 3: Responsibility

Lesson 4: Mindfulness

October

Friendship/Bullying

Lesson 1: Friendship Boundaries wk 1

Lesson 2: Friendship Boundaries wk 2

Lesson 3: Social Filters

Lesson 4: Cyberbullying

November

Conflict Resolution

Lesson 1: Self Advocacy

Lesson 2: Sibling Conflict Resolution

Lesson 3: Societal Advocacy

Lesson 4: Spiritual Conflict Resolution

December

Fairness/Equality

Lesson 1: Life is Not Fair wk 1

Lesson 2: Life is Not Fair wk 2

Lesson 3: Value in Giving

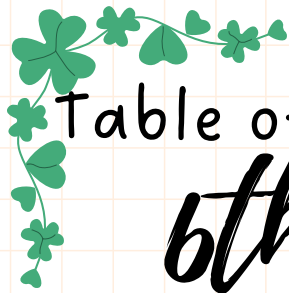


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Jan-May

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Safety

- Lesson 1: Technology Over Dependence
- Lesson 2: Social Media Safety
- Lesson 3: Red Flags Online
- Lesson 4: Substance Abuse and Addictions

February

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- Lesson 1: Career Exploration
- Lesson 2: Strengths and Careers Wk 1
- Lesson 3: Strengths and Careers Wk 2
- Lesson 4: Study and Life Skills

March

Teamwork

- Lesson 1: Teamwork Skills
- Lesson 2: Support Systems
- Lesson 3: Teamwork Scenarios
- Lesson 4: LEGO Activity

April

Managing Emotions

- Lesson 1: Resilience
- Lesson 2: Managing Emotions
- Lesson 3: Mental Health
- Lesson 4: Mental Health/Teamwork

May

Transitions

- Lesson 1: Perseverance
- Lesson 2: Stay Connected
- Lesson 3: Year Review