



August Second Grade

Goal Setting wk 2

August Lesson 3

Goals

- Students will define what long and short term goals are.
- Students will set long and short term goals.

ASCA Standards

M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

Materials

- Large white board and markers
- Copies of "Long and Short Term Goals" WKST for each student (see pg 3)

Options

EXTRA TIME:

- Give more students a chance to guess and share goals

LESS TIME:

- Have students skip sharing their goals with the full class.
- Skip rewatching the video
- Shorten charades to just the words "Long" and "Short" and write in other examples.



Second Grade

Goal Setting wk 2

August Lesson 3

Lesson

INTRO:

- Begin with students at their desks
- Explain to students that you are going to play a quick round of Charades with them to start! (see GAMES file for instructions)
- Select a quiet student and whisper to them the first acting clue- "Long"
- Have students guess and then write "Long" on the whiteboard.
- Select another quiet student and whisper to them the second acting clue- "Pilot"
- Have students guess and then write "Pilot" on the whiteboard.
- Repeat with two more rounds for the words "Short" and "Math." Explain to students:
 - *Today we are going to do some goal setting and planning! Whether you knew it or not, you just learned what long term goals are and short term goals are. Can anyone tell me what this means?*

LESSON:

- Take student answers. Explain to students:
 - *Long term goals are something realistic we want to happen in months, years, or decades. Short term goals are also realistic, but we want them to happen in days or weeks. A pilot is a long term goal, learning math is a short term goal.*
- Pull up the video clip on goals from last week. Explain to students:
 - *We are going to watch this goal video again, but this time focus on which goals are long term and which are short.*
- Have students share answers after watching the video.

CLOSE:

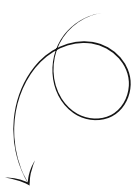
- Explain to students:
 - *I want to hear from you now about what your long and short term goals are.*
 - *I am going to give you a worksheet and we are going to do it in two parts. First, you will plan and the top and then draw pictures and write goals at the bottom. Second, I am going to collect these papers and we will try to guess whose is whose by what they wrote! I think we will learn a lot about each other and maybe find ways we are similar and different. One rule- write your name on the back!*
- Pass out WKST and give students half the time left to work (at least 5 minutes).
- Collect student worksheets
- Project or hold up and read student sheets one at a time and allow students to guess whose papers are whose.
- Thank students for their hard work. Help them transition quietly to what's next.

Name goes on the back!

Long and Short Term Goals

Fill in the blanks with your ideas and answers. Use these to help plan your short and long term goals:

1. I like learning about _____.
2. An activity I like to do is _____.
3. I want to get better at _____.
4. I need help with _____.



In the box below draw or write about a short term goal you have.

In the box below draw or write about a long term goal you have.

